

PRESIDENT'S CORNER

Wow! We wrapped up a spectacular Spring Pharmacology Series in May. Kudos to Mary Gruber and the rest of the planning committee for a job well done!

The 2023 Fall Conference committee, led by Ronda Nading and Melissa Mueller, has been working hard on putting together a great line-up as well.

Several volunteer opportunities are mentioned in this newsletter and it's not too soon to be thinking about how YOU can volunteer by serving as an MN NACNS Board member next year! We'll be accepting nominations for President-Elect, Treasurer, and a CNS student representative. Look for more information to be sent to you. We look forward to welcoming YOU to the 2024 MN NACNS Board!

~ Pam Schmidt – 2023 President

MN NACNS FALL CONFERENCE

We hope you are saving the date for the virtual conference on **Friday October 6, 2023!** We are pleased to share that our Keynote Speaker is Mitzi Sanders, PhD, APRN, ANCS-BC. Mitzi is the National President for NACNS.

MEMBER SPOTLIGHT

Zach Taylor is a certified medical-surgical registered nurse (CMSRN) and recent graduate of the University of Minnesota's Adult-Gerontology Clinical Nurse Specialist Doctor of Nursing Practice (DNP) program. Zach started his nursing career in 2017 and has experience mainly with the adult medical-surgical population. Through the DNP program, Zach had many exciting clinical rotations, including inpatient diabetes care, critical care, colorectal surgery, wound and ostomy care, pain management, and stroke program coordination. Recently, Zach started a job at Allina Health's Abbott Northwestern Hospital, mentoring with Faith Pollock, CNS into the diabetes specialist CNS role. There, Zach will work with an interdisciplinary team, managing and coordinating complex care for people with diabetes, as well as plan and implement process and quality improvements impacting diabetes care across Allina. What excites Zach most about this opportunity is the ability to partner with and empower patients to live well with diabetes, as well as the opportunity to function within all three spheres of CNS practice. In his free time, Zach and his husband Matthew have many hobbies and interests. Their favorite activities are traveling, hiking, camping, gardening, dabbling in non-English languages, and taking care of their dog Rusty. Zach also keeps up his studio art practice and recently started learning to speak Dakota. Overall, Zach is excited to bring his experience and creativity to diabetes care and make a meaningful difference for patients, nurses, and health care systems as a newly minted AG-CNS.



Zachery Taylor – Member Spotlight

CNS Week – September 1-7, 2023

CNS week celebrates all the unique contributions of CNSs. “NACNS established National CNS Recognition Week (CNS week) in 2009 to commemorate and celebrate the birth of Hildegard Peplau, who was born on September 1, 1909. Dr. Peplau was a prominent nursing theorist whose landmark book, *Interpersonal Relations in Nursing*, emphasized the nurse-client relationship as the foundation for nursing practice and today serves as the basis of the CNS role in health care.” (NACNS.org)



This year, your MN NACNS Board invites you (along with your colleagues) to celebrate by giving back to your community. Be creative – it’s an opportunity for you to get together and celebrate being a CNS! We are excited to see how our colleagues across the state give back. Share your photos and stories at mncns.affiliate@gmail.com for a future newsletter update.

INTERESTED IN VOLUNTEERING?

We need your help! We are looking for volunteers to help manage our MN NACNS website. If this is your area of expertise, or you want to learn how to manage a website, please email: mncns.affiliate@gmail.com

Please consider submitting your name for one of our 2024 open MN NACNS board positions, President-Elect, Treasurer and Student Representative. Check out the [responsibilities](#) of the various board positions.

SEEKING NOMINATIONS for the 2023 MN NACNS - Mary Fran Tracy Award of Excellence

Nominate a CNS colleague who demonstrates excellence in education or practice:

- Advancing expertise in clinical specialty
- Leading the promotion of evidence-based practice
- Demonstrating quality patient outcomes
- Supporting nursing in the delivery of patient care
- Promoting change or collaboration at the system level

Contact Susan Schumacher with any questions: susanschumacher4@gmail.com

The deadline to submit a nomination is **August 14, 2023**; Submit to: mncns.affiliate@gmail.com

Additional information can be found at: <https://www.mnnacns.org/MFT-Leadership-Award>

NETWORKING SESSION



Save the date of Tuesday July 18, 2023, from 3:30-4:30 for the next mentoring/networking session. This is a great opportunity to share your wisdom, ask questions and network with CNS colleagues from across the great state of Minnesota!

MEMBER SPOTLIGHT

We want to hear from you. Each quarter we would like to highlight one of our members and the work he/she is doing related to nursing practice, education, or research. Please submit a brief (200 word) essay and photo of the work you have been doing to mncns.affiliate@gmail.com. This is available for both CNS and CNS students. Thank you!

QUESTIONS OR COMMENTS? Email: mncns.affiliate@gmail.com. Editor: Ronda Nading, 2023 President-Elect