

Minnesota NACNS

Minnesota Association
National Association
of Clinical Nurse Specialists

Terry Jacobson, DNP, APRN, CNS Awarded Mary Fran Tracy Award of Excellence

Membership Stats

- Total of 94 members
- 77 members are regular members and 17 are CNS students
- 50% of our regular members are also members of NACNS
- 45% of our regular members are involved in service opportunities to MN NACNS or NACNS

Terry received a standing ovation from her Mayo Clinic CNS colleagues during the award presentation which was made by Wendy Worden, APRN, CNS, and Jessica Hus, APRN, CNS on November 6, 2017. In addition to Terry's many accomplishments in her specialty of wound ostomy nursing, Terry has been an outstanding mentor and preceptor for many CNSs.

Nominations for the 2018 MFT Award of Excellence can be made at anytime. Information about how to nominate a colleague is located in the member section of the MN NACNS Webpage.



Wendy Worden (nominator), Jessica Hus (nominator), Terry Jacobson, and Kris Negley (MN NACNS President)

Thank you MN NACNS Members

In earlier newsletters and at the business meeting the MN NACNS Board of Directors challenged you to consider the level of involvement that would be right for you. We understand we all have competing priorities and different times in our lives allow for different levels of service.



Thank you 2017 Conference Planning Committee!

You have answered the call and we are grateful for your participation.

- Membership is up from 75 members in 2016 to 94 in 2017
- 86 people attended the conference and 44 the pre-conference
- 12 members are committed to planning the 2018 Fall Conference
- An Education Work Team has been formed to create educational and networking opportunities for our members. (update on page 4).
- Ambassadors of the CNS Role have been created and 9 members have stated they are willing to share experiences related to their CNS profession at local schools of nursing or in their community.
- Four members are engaged in the work of the APRN Coalition

Inside this issue:

- We Need Your Vote **2**
- A Year in Review **2**
- Thoughts from a MN CNS **3**
- Revised Affiliate Agreement Approved **3**
- Update from Education Committee **4**
- Save the Date—MN Night **4**

Vote

Modification of the by-laws requires 2/3 of our membership to vote in agreement of the change so your vote is extremely important.

Ballet Coming Soon — We Need Your Vote

The MN NACNS Board of Directors is brining two items to the membership for their consideration. The first are nominations for president elect, treasurer, and student representative. The second item is a modification of the MN NACNS bylaws. At our 2017 annual business meeting members expressed the desire to have CNSs who have practiced as a CNS but were not able to meet the requirements to obtain APRN, CNS licensure in

2016 the ability to hold membership. In response, the board is proposing the addition of an associate member status. Associate members are those who practiced as a CNS after 1999 but do not currently meet the requirements for APRN, CNS licensure in the state of MN.

The board is also proposing the removal of the corporate member status as we have no corporate members and recommend

not including this membership category in the future. Benchmarking with other affiliates revealed they do not have this membership category.

The by-laws can be viewed on the MN NACNS webpage. If you have questions regarding the ballet contents, please email infomnacns@gmail.com.

A Year in Review

The MN NACNS Board of Directors recently submitted an application for the NACNS affiliate of the year. I can think of no better way to summarize the year than to share part of the application with you. So, here it goes.....

The Minnesota Affiliate of the National Association of Clinical Nurse Specialists (MN NACNS) is proud of their distinction of becoming the first state affiliate of the National Association of Clinical Nurse Specialists in 1999. MN NACNS is a strong CNS organization and its members continue to be involved at the local and national levels. CNSs in MN have had title protection since 2002 and MN was one of the first states to achieve APRN status for CNSs. Based on the accomplishments and foundation of leadership traditions of the past, the future of the organization -- and the role of CNSs in Minnesota -- is bright. CNS members of the organization hold a key to the future development of the CNS role and the role of advanced practice nursing in the State of Minnesota. Their work, and the work of the organization, will guarantee that CNSs will help to shape and will have a significant role in the evolving healthcare system in Minnesota.

The current priorities of MN NACNS are to recruit CNS students, recruit affiliate members, provide professional development & networking opportunities, strengthen our chapter's leadership development, and enhance communication and networking. In order to accomplish these goals, the MN NACNS Board of Directors has asked our CNS members to step up and contribute to their organization and their profession and they have risen to the challenge as 35 of our 94 members are serving as volunteers in our organization. An additional six members served on the national level in 2017. The Board of Directors has supported these efforts by initiating a new content management software platform & webpage, enhancing our quarterly newsletter, and helping coordinate volunteer efforts. The board recently facilitated the

updating of the affiliate's by-laws to assure members are licensed to practice as CNSs or are CNS students. We have also enhanced our connection to NACNS by providing two NACNS Annual conference or summit scholarships to MN NACNS board members. The Minnesota Affiliate of the National Association of Clinical Nurse Specialists (MN NACNS) is an extremely hard working group of professionals who would be honored to be considered for the affiliate of the year award.

Win or lose it has been an honor to serve along side (left to right in photo) Susan Schumacher, Jan Osborne, Pam Triplett, Deanna Erickson, and Ben Hickox (not pictured) as your president this past year. Thank you.

-Kristin Negley, MN NACNS President



Clinical Nurse Specialist' (CNS) Inability to Prescribe Buprenorphine: Limitations of the CARA Act (2016).

Submitted by Christina Wiekamp APRN, CNS, ACHPN (MN CNS)

Opioid medication abuse has reached epidemic proportions. Buprenorphine is a highly effective medication that is used in the outpatient treatment of opioid-dependent patients. (It works by reducing craving for heroin or opioids and prevents opioid withdrawal). However, the DATA 2000 permits only physicians to prescribe this medication, substantially reducing patient access to potentially life-sustaining treatment.

On July 22, 2016, President Obama signed the Comprehensive Addiction and Recovery Act (CARA) into law as Public Law 114-198. One of CARA's important provisions expanded access to substance abuse treatment—by extending the privilege of prescribing buprenorphine to qualifying nurse practitioners (NPs) and physician assistants (PAs)

until Oct. 1, 2021. The Senate's final approval (07/13/2016) of the Comprehensive Addiction and Recovery Act (CARA) did not include Clinical Nurse Specialists (CNSs) to be privileged as well.

Addiction is a chronic condition that can be treated with lifestyle modifications, patient education, and appropriate medication. CNSs are well suited to take part in reversing the opioid epidemic. Prescribing practices for CNSs vary from states to state. Population specific CNSs should be included in the privilege to prescribe buprenorphine. Permitting CNSs prescriptive authority for buprenorphine will continue to close the gap in reducing the devastation cause by opioid abuse and misuse.

Representatives Paul D. Tonko and Ben Ray Lujan are introducing and championing a bill (H.R. 3692) which will expand access to suboxone and empower Clinical Nurse Specialists to prescribe buprenorphine.

References:

CNS Call to action: <http://nacns.org/2017/10/clinical-nurse-specialists-call-for-greater-investment-in-opioid-crisis/>

Oregon position statement: <http://nacns.org/2017/10/clinical-nurse-specialists-call-for-greater-investment-in-opioid-crisis/>

H.R. 3692 <http://nacns.org/2017/09/nurse-leader-commends-reps-tonko-lujan-for-bill-to-empower-clinical-nurse-specialists-to-prescribe-medication-for-opioid-addiction/> and more information on the status <https://www.congress.gov/bill/115th-congress/house-bill/3692/all-actions?overview=closed#tabs>

What is suboxone: <http://www.cnn.com/2015/06/19/health/suboxone/index.html>

More information on suboxone vs methadone: Tanner, G. R., Bordon, N., Conroy, S., & Best, D. (2011). Comparing methadone and Suboxone in applied treatment settings: the experi-

*Click Here for
Additional
Information from
NACNS*

MN NACNS supports its members through communication of issues and topics which may impact the CNS profession. The MNNACNS does not seek to promote action or opinion with items that do not necessarily directly reflect the official policy or position of the MN NACNS.

NACNS Board Adopts Revised Affiliate Agreements

The NACNS Board of Directors approved the revised Affiliate agreements at its October 23 meeting. By the end of November, the NACNS web site will only

include active Affiliate members that have adopted the new Affiliate agreements. MN NACNS has submitted and been approved for continued affiliate status.



Minnesota Association
National Association
of Clinical Nurse Specialists

Update from MN NACNS Education Workgroup

Hello from your MN NACNS Education Workgroup! An education workgroup formed earlier this summer to develop additional education for our membership. The workgroup encourages active participation and welcomes suggestions in further offerings of education to the MNCNS membership as we move forward. The charge of the workgroup is to provide educational opportunities (in addition to the fall conference) for MN CNSs which will secondarily promote networking.

A learning needs assessment was sent to the membership in August with a great response rate. We thank you for taking the time to tell us what need for professional development. The largest responses indicated MN CNS want to see additional offerings in pharmacology and leadership continuing education units outside of the annual conference. Other topics of interest that ranked most popular with membership included: pain management, infectious diseases, cardiology, and pharmacogenomics content. Interest in topic areas in adult, geriatrics, and chronic illness were also strongly represented by membership. The Minnesota CNSs that responded to our learning needs assessment are actively practicing and

are strongly represented in the Twin Cities areas and Southern Minnesota; there are smaller groups of members extending into the neighboring states and far North. This wide range of locations prompted discussion of how to offer continuing education; responses identified WebEx and Panopto on demand as possible solutions.

Further work is in progress to identify half-day pharmacology sessions either as an active WebEx or location that is accessible in the Spring to connect the MN CNS membership. The membership responded that rotating sites around the state for pharmacology sessions during spring may be an appropriate option. Further work to keep costs to a minimum being investigated.

Education workgroup members are Wendy Worden, Leslie Darmofal, and Edatu (Ee) Bakuto. Pam Schmidt will serve as the ANCC planner and Melanie Kuelbs will be the Community Liaison for this first event. If you have any questions, please let Wendy (worden.wendy@mayo.edu) or Leslie (LDarmofal@bemidjistate.edu) know!

Save the date for MN Night – March 2nd

CNSs and CNS students from Minnesota and the surrounding states will be gathering for dinner during the Friday night of the NACNS Annual Conference in Austin TX. Please help us assure a successful event by RSVPing to Pam Triplett if you can attend.

pltriplett@healtheast.org

NACNS
2018 ANNUAL
CONFERENCE

Save the Date!

February 28 to March 3

Renaissance Austin Hotel, Austin, TX

**PUTTING THE
PIECES TOGETHER**



**CNSs Bridging the
Gaps in Health Care**



CNS Core Competencies Comment Period

NACNS opened the public comment period on its 2017 Draft CNS Core Competencies on November 1. The public comment period will close January 8, 2018. The final 2017 CNS Core Competencies will be published as Section Two of the revised *NACNS Statement on Clinical Nurse Specialist Practice and Education*, third edition (*CNS Statement*). The third edition of the *CNS Statement* will provide additional guidance on the role of the CNS and the use of the core competencies in education and practice and is expected to be published by the fall of 2018. MN NACNS and NACNS have additional information regarding this important item on their webpages.