



MN Clinical Nurse Specialist Fall Conference
RISE: Rising to Innovate and Support Excellence in Nursing Practice

Virtual Conference via Zoom
 Friday, October 7, 2022

Time	Topic	Presenter/Facilitator
0800-0810	Welcome	<i>Mary Gerchman-Smith, MA, APRN, CNS MNNACNS President</i>
0810-0910	CNS as CNO	<i>Dr. Julibeth Lauren, PhD, APRN, ACNS-BC System VP Nursing Practice, Fairview Health Services</i> <i>Maria Rains, MS, APRN, ACNS-BC VP/Chief Nursing Officer MHealth Fairview-University of MN Medical Center and Masonic Children's Hospital</i> <i>Carol Koeppel-Olsen, MSN, RN, NEA-BC VP Patient Care/Chief Nursing Officer Abbott Northwestern Medical Center</i>
0910-1010	Orientation of the New Clinical Nurse Specialist	<i>Emily Feye, DNP, MS, RN Fairview Health Services</i> <i>Sarah Osborne, DNP, APRN, AGCNS-BC Fairview Health Services</i>
1010-1025	BREAK	
1025-1105	What's New in APRN Regulation?	<i>Leslie Larson, DNP, APRN, PHN, CNP Nursing Practice Specialist-MN Board of Nursing</i>
1105-1205 (60min Pharm)	Mental Health Medications in Older Adults	<i>Dawn Hoeft, PharmD, BCPS, BCPP Fairview Health Services</i>
1205-1235	LUNCH	
1235-1300	MN NANCS Board Meeting Mary Fran Tracy Award	<i>Mary Gerchman-Smith, MA, APRN, CNS No contact hours awarded</i>
1300-1330	From Barely Surviving to Thriving: CNS Role Development in Digital Healthcare Technology	<i>Justin Smith, DNP, APRN, CNS, NE-BC Mayo Clinic-Rochester</i>
1330-1430	Networking Sessions: (20 min each) Interprofessional Role Development of the CNS Role of the CNS in the 3 Spheres of Impact	Facilitators: <i>Ellen Dyer, CNS Ronda Nading, APRN, CNS, MS</i> <i>Anna Bird, APRN, CNS Ella Dohlin, MA, APRN, ACNS-BC</i>

	Transitions of Care	<i>Susan Schumacher, MS, APRN, G-CNS Mary Gruber, APRN, CNS</i>
1430-1500	Bone Break: A hot-debrief to reduce second victim syndrome	<i>Kelly Derby, MS, APRN, CNS, WCN Amberly Hess, DNP, APRN, CNS-BC Tasha Flicek, DNP, RN Mayo Clinic-Rochester</i>
1500-1530	Unpacking your Backpack	<i>Jody Nation, MS, LPCC Employee Assistance Program Counselor Mayo Clinic-Rochester</i>
1530-1545	Wrap-up & Evaluations	

Program Outcomes:

At the conclusion of this conference, 80% of participants will state they agree or strongly agree on a post-session evaluation that they have an increased knowledge of:

- CNS in the role of CNO
- Onboarding the new CNS
- Updates in APRN regulations
- Mental health medications in older adults
- Second victim syndrome
- CNS role development in digital healthcare technology
- Interprofessional role development of the CNS
- Role of CNS in transitions of care
- Working across the three spheres of influence
- Self-talk and learning strategies for managing stressors

Conference Planning Committee:

Ronda Nading, MS, APRN, CNS
 Ellen Dyer, CNS
 Mary Gerchman-Smith, MA, APRN, CNS
 Andrea Swenson, DNP, SPRN, AGCNS-BC, PHN
 Anna Bird, APRN, CNS

Rachel Erdmann, MSN, RN, NPD-BC
 Ella Dohlin, MA, APRN, ACNS-BC
 Mary Gruber, APRN, CNS
 Melissa Mueller, APRN, AGCNS-BC, CNRN
 Susan Schumacher, MS, APRN, G-CNS

Conference Disclosures:

For successful completion of this activity and be awarded up to 6.40 contact hours, the attendees must attend one or more sessions of this multi-session activity and submit a completed evaluation form.

No one in control of content for this educational activity has any relevant financial relationships to disclose.

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The content has been reviewed and is acceptable for pharmacotherapeutic credit, equal to the hours above.